

PLAYLIST



Playlist – Week 1 Psalm 6 – June 4, 2023

Check out one of these helpful resources:

- 1) Psalms– Ernesto Duke (RightNow Media) <https://bit.ly/3WLdSA7>
- 2) The Songs of Jesus (Devotional) – Tim Keller <https://bit.ly/3OJGacr>

Allow God to speak to you through his written Word. The goal of this time is to have quality connection and time together. Choose questions from Know, Grow, and Show that will best help your group discuss the passage and take their next steps of faith. Don't feel like you need to use all the questions. Feel free to add your own too! We are praying for you as you lead your D-Group this week!

KNOW (Build Relationships)

- Do you find it difficult to bring your weariness or grief to the Lord? Why or why not?
- Share a verse or passage from the Bible that brings you comfort and hope in difficult times.
- Psalm 6 is a song of lament. When you hear the word “lament,” what do you think of?
- Has there been a in your life where you've felt so weary or troubled that you cried out to God? Would you be willing to share that with the group?
- What are some common emotions or struggles that people tend to keep to themselves? Why do you think it's important to bring those feelings to God?
- How do you typically express your emotions when you're feeling burdened or distressed? Do you find it easy or challenging to bring those emotions to God?
- What role does prayer play in your life? How does God help you through prayer to process your emotions and find strength?



GROW: (Grow Spiritually)

- In the first section of Psalm 6, David expresses his deep lament and wrestling with his emotions. What specific situations or feelings do you think David might be referring to? How do you relate to those struggles in your own life? (See Psalm 42:11, Psalm 43:5)
- David turns to prayer in the midst of his distress. What do you notice about his prayer? How does his prayer demonstrate his faith and reliance on God? (See Psalm 55:22, Matthew 11:28-30)
- In the third section of Psalm 6, David experiences a shift in his perspective and finds hope in the Lord. What do you think causes this shift? How can we cultivate a similar perspective shift in our own lives during challenging times? (See Romans 15:13, 2 Corinthians 4:16-18)
- David's prayer in Psalm 6 is honest and raw, showing that we can bring all of our feelings and situations to God. Why do you think it's important for us to be honest with God in our prayers? How does this honesty deepen our relationship with Him? (See Psalm 32:5, 1 Peter 5:7)
- David acknowledges his trust in God's steadfast love and salvation in Psalm 6. How does this trust in God's character impact the way we approach our own struggles and difficulties? (See Psalm 9:9-10, Proverbs 3:5-6)
- Read Matthew 26:36-46. Compare Jesus' experience in Gethsemane to David's cries to God in Psalm 6. Are these two afraid to bring their weighty concerns to the Father? Why do you think that is?
- Reread Psalm 6:8-10. How does David end his prayer in this psalm? How can he end with hope after revealing such deep despair in the preceding verses?



SHOW: (Live on Mission)

- Consider the shift in perspective that David experiences in Psalm 6. How can you intentionally cultivate a similar shift in your own heart and mind when faced with difficult circumstances?
- Are you in a situation right now where you need to bring your weariness/concerns/grief to the Lord? Share that with your group and pray for one another right there.
- Reflecting on Psalm 6, what are some specific ways you can bring your struggles and emotions before God in prayer?

PLAYLIST



Playlist – Week 2 Psalm 86: 8-13 – June 11, 2023

Check out one of these helpful resources:

- 1) Psalms– Ernesto Duke (RightNow Media) <https://bit.ly/3WLdSA7>
- 2) The Songs of Jesus (Devotional) – Tim Keller <https://bit.ly/3OJGacr>

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KNOW (Build Relationships)

- David says in Psalm 86:10 “For you are great and do wondrous things.” Take some time with your group and have each person share one wondrous thing that they’ve personally seen God do in their own life.
- What sets apart the one true God (v.8) from all the other false gods that are worshipped in other religions?
- How do you personally experience awe and trembling in the presence of God? Share a specific moment or experience.
- Share a time when you felt your heart united in worship and devotion to God. What was the experience like?
- In what ways do you seek God's guidance and ask Him to teach you His ways? What practices or habits help you in this pursuit?



GROW: (Grow Spiritually)

- David says in v.9 “All the nations you have made shall come and worship before you, O Lord, and shall glorify your name.” Is the gospel limited to a specific nation or people? What are you doing individually—and what are we doing as a church—to build for this truth that David declares that we see fulfilled in Revelation 7:9?
- What are the ways that you see God teaching you His ways (v.11) in your own life?
- David makes some big requests of God in these verses. Why does he ask to be taught the ways of the Lord? Why does he want that? What’s motivating that request?
- According to Psalm 86:8-13, why is it important to focus on the glory of God? How does contemplating His glory affect our perspective and attitude? (See Psalm 96:3, Isaiah 42:8)
- The psalmist expresses awe and trembling in the presence of God. How does this blend of fear and joy enhance our relationship with Him? (See Psalm 2:11, Philippians 2:12-13)
- What does it mean to fear the name of the Lord? How does this fear differ from a worldly fear? How does it shape our reverence and worship? (See Proverbs 9:10, Psalm 111:10)
- The psalmist asks God to teach him His ways and unite his heart. Why are these requests significant? How do they reflect our dependence on God for guidance and transformation? (See Psalm 25:4-5, Psalm 119:33-34)



SHOW: (Live on Mission)

- In light of God's greatness and uniqueness, how can we strive to align our desires, thoughts, and actions with His will? Share practical ways to live out a life that honors and reflects who God is. (See Romans 12:1-2, Colossians 3:17)
- Think about your daily faith for a minute. Are you seeking to learn and grow in how to follow Jesus out of a sense of wonder and desire, or out of a sense of obligation? If it's obligation, how can you fix your eyes and mind on the glory and goodness of God to tune your heart to what He wants for you?
- David's declaration in v.9 is part of the beauty of the gospel: that all people from all nations can embrace the gospel and be brought into the family of God. Have you been on an international mission trip? Go to fellowshipar.com/missions and look at the trips happening this summer. Choose one that your group can pray for. And as a group, discuss the possibility of joining together to go on a mission trip in the future.
- What are some things in your own life that have fractured your heart's affection to the Lord? Are there things that the Spirit may be leading you to change or cut out of your life that are keeping your heart from being united in your affection and obedience to the Lord?

PLAYLIST



Playlist – Week 3 Psalm 8 – June 18, 2023

Check out one of these helpful resources:

- 1) Psalms– Ernesto Duke (RightNow Media) <https://bit.ly/3WLdSA7>
- 2) The Songs of Jesus (Devotional) – Tim Keller <https://bit.ly/3OJGacr>

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KNOW (Build Relationships)

- Where are you going this year where you are going to experience God's creation? What are you excited to see and experience?
- Do you consider yourself a creative person?
- As you think about God's creation, what is one of the things you find most beautiful?
- How does the beauty of nature, such as a breathtaking sunset or a majestic mountain range, remind you of God's majesty? Share about a time you were moved to worship God simply because of His creation.
- In what ways do you express your adoration and praise for God's creative work?
- What role does praise play in your personal relationship with God?
- How does recognizing God's handiwork in creation inspire you to live differently?

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GROW: (Grow Spiritually)

- What do we learn about who God is in Psalm 8? What does He love? What has He done?
- What do we learn about who we are? What is our relationship to the creator God? to His creation?
- Read Psalm 8:1. How does the psalmist's declaration about the Lord's majestic name relate to the sermon notes on recognizing God's majesty in creation?
- Reflecting on Psalm 8:3-4, what does it mean to you that God takes notice of humanity, despite our insignificance in the vastness of the universe?
- We are uniquely created to praise God. How does this understanding of our design impact the way we approach worship individually? As a community?
- Read Psalm 8:6-8. How does the psalmist's call to steward God's creation extend beyond the natural world to include making worshippers of all nations? How can we fulfill this calling in our daily lives?
- How does the knowledge of our privilege to have a relationship with our Creator impact the way we view ourselves and our purpose in life?
- Reflecting on our unique calling to make disciples and worshippers from all nations, discuss Matthew 28:19-20, known as the Great Commission. How does this command align with the psalmist's understanding of our role as stewards of God's creation?
- In Psalm 8, the psalmist marvels at God's creation and the special place He has given humanity. Explore Romans 1:20, which speaks of God's invisible qualities being clearly seen through what He has made. How does this verse deepen our understanding of the psalmist's awe and praise?



SHOW: (Live on Mission)!

- Spend a few minutes in prayer together, simply praising God for who He is and what He has done.

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- What are some daily habits we can embrace that remind us to give God glory for who He is?
- Based on what you've learned from Psalm 8, what are some practical ways you can incorporate adoration and praise into your daily routine?

PLAYLIST



Playlist – Week 4 Psalm 24 – June 25, 2023

Check out one of these helpful resources:

- 1) Psalms– Ernesto Duke (RightNow Media) <https://bit.ly/3WLdSA7>
- 2) The Songs of Jesus (Devotional) – Tim Keller <https://bit.ly/3OJGacr>

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KNOW (Build Relationships)

- Who has fun plans for July 4th or an upcoming vacation this summer? What are you most looking forward to about this time?
- Share a high and a low from this past week. What was great? What was hard?
- Have you ever let someone borrow something that is important to you and they returned it damaged, worn, or broken? How did that make you feel? What did you say or do?
- If you could choose one attribute or characteristic of God to focus on and learn more about, which one would you pick and why? How do you think it would deepen your relationship with Him?
- As you spend time in prayer, do you more often find yourself presenting your needs to God or praising Him for who He is? Why might you emphasize that more in your prayer life?
- How has the concept of coming into worship with expectation impacted your own spiritual growth and understanding of God?



GROW: (Grow Spiritually)

- In Psalm 24, the psalmist asks, "Who may ascend the hill of the Lord?" How does this question reflect the desire for a close relationship with God? (Psalm 15:1-5, James 4:8)
- When you read Psalm 24, do you feel encouraged by what God has done to make you clean and worthy to stand before him or do you read it as if it points out all the things you must do to be receive God's blessing?
- In what ways does the psalmist emphasize the need for purity and righteousness in approaching God? (Psalm 24:3-4, Romans 3:10-12, 2 Corinthians 5:21)
- Although these qualities and actions won't earn salvation for us, there are instructions that we can find in this Psalm about how we should live. List the things you see that should be evident in our lives.
- Discuss the significance of seeking God's face and desiring to know Him intimately rather than just seeking His hand or what He can do for us. (Psalm 27:8, Jeremiah 29:13)
- How does the challenge to come into worship with expectation align with the idea of serving as an overflow of learning about God and who He is? (Romans 12:1-2, Colossians 3:16)
- The psalmist encourages us to "lift up your head" as an act of worship. What are some circumstances or challenges that can cause us to lower our heads in discouragement or defeat? How can we lift our heads and fix our gaze on God's faithfulness and promises? (Psalm 3:3, Psalm 121:1-2)



SHOW: (Live on Mission)

- What is one practical thing you can do this week to help more of your prayers to be focused on God and who He is?
- This passage talks about having clean hands and pure hearts and yet we know that none of us can achieve this apart from Christ. Spend a few minutes in a quiet time of confession and repentance, thanking God for the new life He has given you in Christ. Ask Him to transform your actions and the attitudes of your heart to reflect that of Christ.
- Many of the Psalms have been made into contemporary worship songs. Listen to a couple of songs by The Worship Initiative based on Psalm 24 and enjoy a time of worship together as a group. Watch: King of Glory by Third Day & Give Us Clean Hands by Chris Tomlin.

PLAYLIST



Playlist – Week 5 Psalm 19 – July 2, 2023

Check out one of these helpful resources:

- 1) Psalms– Ernesto Duke (RightNow Media) <https://bit.ly/3WLdSA7>
- 2) The Songs of Jesus (Devotional) – Tim Keller <https://bit.ly/3OJGacr>

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KNOW (Build Relationships)

- Share one thing from nature that fills you with awe and reminds you of God's glory.
- When did you get your first Bible? What was special about it to you? How old were you? Was it a gift?
- How has the Word of God impacted your life and shaped your perspective?
- Share a time when you experienced the beauty and power of God's creation in a profound way.
- Have you ever struggled with doubting or questioning the truth of God's Word? How did you overcome it?
- Are there any visual elements or artistic expressions that help you connect with God's glory? How do they enhance your worship and understanding of Scripture?

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GROW: (Grow Spiritually)

- In Psalm 19, the psalmist emphasizes both the glory of God revealed in creation and the importance of God's word. How do these two aspects intersect and complement each other in your understanding of God's character?
- David, the psalmist, declares that God's Word is sweeter than honey and more valuable than gold (Psalm 19:10). Reflect on a specific instance when God's Word brought sweetness or value to your life.
- Psalm 19 highlights the power of God's Word to transform our thinking and actions. Share a personal testimony of how studying or meditating on Scripture has influenced your perspective or behavior.
- David expresses the desire for his words and thoughts to be pleasing to God (Psalm 19:14). How can we cultivate a similar desire?
- David's response to encountering God's glory in creation and His Word is repentance. How does awe and reverence for God lead to repentance in our own lives?
- According to Psalm 19, how does creation reveal the glory of God? Can you think of other verses that emphasize this point? (Heb 1:3; Col 1:16; Rom 1:20)
- In what ways does Jesus exemplify the incarnate Word of God? Share specific passages from the New Testament that highlight this aspect. (John 1:1-3, 14; Phil 2:5-11; Col 1:15-16)
- As a group, read these passages of Scripture that emphasize the authority and power of God's Word. (Psalm 119:89; Josh 23:6; Josh 1:8; 2 Kings 22:11; Ezra 10:1-4; Neh 13:1-3; Isa 40:8; Lk 16:17; 1 Thess 2:13) How do they complement the message of Psalm 19?



SHOW: (Live on Mission)

- Based on what we've discussed about Psalm 19, how can we prioritize spending time in God's Word? Share practical ideas or strategies.
- Are there (or has there ever been) any habits or influences in your life that distract or hinder your declaration of God's glory?
- What are some ways you, according to your specific personality and heart, might increase your awe, affection, and reverence for God?
- Reflect on verse 14 of Psalm 19. How can we actively ensure that our mouths and hearts declare God's glory?

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PLAYLIST



Playlist – Week 6 Psalm 23 – July 9, 2023

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- 2) The Songs of Jesus (Devotional) – Tim Keller <https://bit.ly/3OJGacr>

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KNOW (Build Relationships)

- Have you ever lived or spent time around sheep? What about other farm animals? What were some of the differences in behavior and characteristics between the different animals?
- How has the concept of the Lord being your shepherd impacted your life and faith? Share an example where Jesus has been your shepherd through a particular season or situation?
- Share a personal experience or story where you felt the Lord guiding and providing for you.
- How does the image of the shepherd in Psalm 23 affect your understanding of God's character?
- Considering the Psalmist using the sheep and shepherd metaphor, what does it look like practically to trust the Lord as your shepherd on a daily basis? What does it look like to not trust God as your shepherd?

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GROW: (Grow Spiritually)

1. Read Psalm 23 together. What stands out to you the most from this passage?
2. In what ways does Psalm 23 illustrate the intimacy between God and His people?
3. How do you understand the phrase "He restores my soul" in Psalm 23:3? Share any personal experiences of experiencing God's restoration.
4. How can we apply the concept of God's guidance in our lives, as mentioned in Psalm 23:3? Share practical examples.
5. Timothy Keller writes, "*Jesus is the only shepherd who knows what it is like to be a sheep. He understands what we are going through and will be with us every step of the way, even through death itself, where all other guides turn back*". Reflecting on Psalm 23:4, what comfort do you find in the Lord's presence even in the midst of difficult circumstances?
6. Read Ezekiel 34:11-16. How does this passage deepen your understanding of God as the Good Shepherd?
7. What do you think it means for God to "prepare a table" before us in the presence of our enemies (Psalm 23:5)? How does this relate to God's provision?
8. Discuss John 10:11-18. How does Jesus' role as the Good Shepherd relate to the themes in Psalm 23?
9. Explore the significance of Psalm 23:6 and the promise of dwelling in the house of the Lord forever. How does this impact your perspective on eternity?



SHOW: (Live on Mission)

1. How can we encourage and support one another in trusting the Lord as our shepherd, especially during challenging times?
2. Are there areas in your life where you need God's restoration and healing? How can we pray for and support one another in these areas?
3. In what ways can we extend the Lord's guidance and provision to others around us, both within and outside our faith community?
4. Discuss ways we can incorporate the principles of Psalm 23 into our daily routines and decision-making processes. How does this passage affect how we deal with suffering and uncertainty?

PLAYLIST



Playlist – Week 7 Psalm 22 – July 16, 2023

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- 1) Psalms– Ernesto Duke (RightNow Media) <https://bit.ly/3WLdSA7>
- 2) The Songs of Jesus (Devotional) – Tim Keller <https://bit.ly/3OJGacr>

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KNOW (Build Relationships)

1. What has been the highlight of summer so far? What are you looking forward to most during this season?
2. Have you ever experienced a time when you felt rejected or abandoned by someone close to you? How did it affect you?
3. Can you think of a time when you felt a deep sense of suffering or affliction? How did you handle it?
4. In what ways do you find comfort or solace when going through difficult times?
5. How do you personally connect with God during seasons of pain or rejection?
6. Share a specific verse or passage from the Bible that has brought you hope and encouragement during challenging circumstances.



GROW: (Grow Spiritually)

1. Read Psalm 22:1-2. How do these verses capture the depth of Jesus' suffering on the cross? How does it make you reflect on the significance of His sacrifice?
2. How do you see Psalm 22 as a prophetic passage that points to Jesus on the cross? What similarities do you find between the psalm and Jesus' crucifixion?
3. Explore Psalm 22:6-8. In what ways do these verses portray the rejection and mockery that Jesus endured during His crucifixion? How does this connect with the rejection Jesus experienced from the people?
4. Focus on Psalm 22:16-18. How do these verses vividly depict Jesus' physical suffering on the cross?
5. Study Psalm 22:27-31. What is the significance of the universal impact of Jesus' sacrifice as portrayed in these verses? How does it encourage us to share the message of redemption with others?
6. Connect Psalm 22 with Isaiah 53. How do the descriptions of suffering and rejection in both passages align with Jesus' crucifixion? What does it reveal about God's redemptive plan?
7. Reflecting on the idea that Jesus is the embodiment of the Word, how does Psalm 22 give us insight into His inner monologue on the cross?
8. How does Psalm 22 depict God's mercy towards the afflicted? How does this impact your understanding of God's character?
9. Psalm 22 reminds us of Jesus' cry of abandonment on the cross, where He experienced the full weight of sin and separation from the Father. How does contemplating this aspect of Jesus' sacrifice deepen our understanding of His love for us and His willingness to endure suffering on our behalf? How does it impact our relationship with Him and our response to His sacrifice?



SHOW: (Live on Mission)

1. Reflecting on Jesus' example in Psalm 22, how can we respond to rejection or suffering with grace and humility?
2. How might the truths presented in Psalm 22 impact the way we view and respond to our own trials and hardships? Share practical ways in which we can remind ourselves of God's faithfulness and presence during difficult times.
3. Is there someone in your life who needs to hear the message of hope and redemption found in Psalm 22? How can you show and share it with them?

PLAYLIST



Playlist – Week 8 Psalm 32 – July 23, 2023

Check out one of these helpful resources:

- 1) Psalms– Ernesto Duke (RightNow Media) <https://bit.ly/3WLdSA7>
- 2) The Songs of Jesus (Devotional) – Tim Keller <https://bit.ly/3OJGacr>

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KNOW (Build Relationships)

1. How do you define forgiveness?
2. Have you ever experienced forgiveness in a personal situation? How did it affect you?
3. Share a time when you felt the weight of unconfessed sin and how it impacted your relationship with God.
4. As you read Psalm 32, what images, memories, or feelings does it evoke in you or remind you of?
5. How does the concept of confession relate to healing and personal growth in your life?
6. In what ways have you seen God's grace and mercy manifested in your life, especially in times of confession and repentance?



GROW: (Grow Spiritually)

1. How does Psalm 32 reflect the experiences of King David and his journey of repentance after his sin with Bathsheba (2 Samuel 11-12)?
2. What other biblical examples can you find that illustrate the four steps of confession mentioned in the sermon notes? (Realization of Wrong, Repentance, Restitution, Reconciliation).
3. Psalm 32 mentions the pain of unconfessed sin. How does sin affect our relationship with God and others based on other passages in the Bible?
4. Read 1 John 1:9. How does this verse align with the message of Psalm 32 about God's willingness to forgive and cleanse us?
5. What similarities and differences do you see between Psalm 32 and Psalm 51 regarding restoration and reconciliation?
6. Discuss the concept of restitution as part of the confession process. How can we practically apply this in our lives today? See Luke 19:8 as a reference.
7. Explore the connection between confession and reconciliation in the context of Matthew 5:23-24. Why is it crucial to seek reconciliation with others when bringing our offerings to God?
8. How does Psalm 32 foreshadow the message of forgiveness and reconciliation brought by Jesus Christ? See Romans 5:8 and 2 Corinthians 5:18-19 for additional insights.
9. Read James 5:16. How does the practice of confessing sins to one another lead to healing, and why is it important in the Christian community?



SHOW: (Live on Mission)

1. Considering Psalm 32, discuss the significance of corporate confession during worship gatherings. How can this practice impact the congregation?
2. What are some potential barriers that prevent people from confessing their sins? How can we address these barriers with love and understanding?
3. Reflecting on the four steps of confession, (Realization of Wrong, Repentance, Restitution, Reconciliation), which one do you find the most challenging to implement in your life? How can the group assist you in overcoming this challenge?

PLAYLIST



Playlist – Week 9 Psalm 34 – July 30, 2023

Check out one of these helpful resources:

- 1) Psalms– Ernesto Duke (RightNow Media) <https://bit.ly/3WLdSA7>
- 2) The Songs of Jesus (Devotional) – Tim Keller <https://bit.ly/3OJGacr>

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KNOW (Build Relationships)

1. When have your preconceived ideas been changed by firsthand experience?
2. How have you seen God redeem difficult circumstances in your life, as David models in this psalm?
3. What is one specific blessing from the Lord that you are particularly grateful for in your life right now?
4. Share a personal experience where you felt the presence of God in a powerful way and couldn't help but bless and magnify Him.
5. How do you draw near to God and deepen your relationship with him in prayer, reading Scripture, worship, etc?
6. How do you typically express your gratitude towards God for His blessings?
7. Share a favorite verse or passage from the Bible that has been a source of comfort and encouragement to you during trials.



GROW: (Grow Spiritually)

1. David begins Psalm 34 by saying "I will bless the Lord at all times; his praise shall continually be in my mouth." What are some ways we can bless and praise God in our daily lives?
2. Verse 4 says "I sought the Lord, and he answered me and delivered me from all my fears." When have you cried out to God in your fears and how did he deliver you?
3. Verse 8 invites us to "taste and see that the Lord is good." What are some ways you've tasted and seen God's goodness recently?
4. Augustine said "Taste and see that the Lord is good. If you have tasted, see what I speak of; if you have not tasted, taste and see." How can we grow in fully tasting and seeing God's goodness?
5. Verse 14 encourages us to "seek peace and pursue it." What are some practical ways we can actively seek and pursue peace in our relationships and community?
6. Verses 17-18 promise that "the righteous cry out, and the Lord hears them...The Lord is near to the brokenhearted and saves the crushed in spirit." How have you experienced God's nearness and comfort in times of brokenness?
7. Verse 19 reminds us that "many are the afflictions of the righteous, but the Lord delivers him out of them all." What difficult situations are you currently facing and how can this promise encourage you? What are examples of God's deliverance in the lives of other believers?
8. Timothy Keller has said "Psalm 34 is a great psalm to meditate on when you are facing fear, anxiety, and hardship. The promises and truths in this psalm give hope and perspective." When have you turned to the Psalms or other Scripture in times of fear or anxiety?
9. Verse 22 says "none of those who take refuge in him will be condemned." How does God's grace and mercy give us refuge and freedom from condemnation?
10. Discuss the significance of Psalm 34:22 in light of Jesus' crucifixion and resurrection, as seen in John 19:36 and 1 Peter 1:19.
11. Dietrich Bonhoeffer highlights in his book *Life Together* that "*The invitation of Psalm 34 is to taste and see the Lord's goodness. Through praying the Psalms, we experience the sweetness of God's presence.*" How have you tasted and seen God's goodness through praying the psalms? What does it mean to experience the sweetness of God's presence in prayer or in Scripture?



SHOW: (Live on Mission)

1. What is one way you feel challenged to bless, praise, and magnify God more in your daily life after studying Psalm 34?
2. Verse 14 calls us to "turn away from evil and do good." What is one way you feel called to turn from evil and pursue good this week?